

## **COURSE DESCRIPTION 2016-2017**

	rstanding Obsessive ulsive Disorder (OCD)	Awarding body: N/A
Tutor: Katie	Easey	Course length: 1 day

Course summary/aims:	This one day course will look at the typical signs and symptoms associated with Obsessive Compulsive Disorder (OCD), its possible causes and potential therapies/ management. All those interested are encouraged to come along; no prior knowledge is necessary.
Course objectives:	1. Describe defining features of OCD  2. Outline how having OCD might impact on a person's life and on the lives of those around them  3. Outline possible causes of OCD  4. Outlines possible treatments and care associated with OCD  5. Discuss how the media plays a role in the representation of OCD.
Course content:	In addition to the summary above we will cover the wider impact of OCD, on a person from a physical, social and emotional perspective, and also the impact on those closest to them. We shall also examine whether media representation has had a positive or negative impact on the understanding of OCD.
Teaching and learning methods:	Tutor input and whole group discussion.
Course level/entry requirements:	No formal entry requirements- just an interest in the subject.
How progress is checked during course:	Informally through tutor discussion and question/ answer.

Extra study or practice required at home?	NA
Formal course accreditation? If yes, how is the course assessed?	NA
Materials you will need to bring to the course:	Pen and paper
What can I do next?	Other courses such as understanding PTSD, Understanding ADHD; Certificate in Understanding Autism: exploration of progression onto other provision such as Access to Higher Education.

Information, Advice and Guidance sessions are available on request (it is best to make an appointment).

If you feel you may need some support eg. with English, Maths or ICT, please ask.

To get in touch, please call your local CLIP Learning Centre (see below) or email <a href="mailto:info@cliplearning.com">info@cliplearning.com</a>

## **CLIP Learning Centres**

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