

## COURSE DESCRIPTION 2016-2017

Course: Using Lincolnshire Plants : Then and Now	Awarding body: N/A
Tutor: Loretta Rivett	Course length: 5 weeks

Course summary/aims:	Plants are lovely to look at and you probably know that some are edible and some have medicinal uses. But did you also know they can be used for making clothes, paper, ink, furniture, rope, and for dyeing fabric? Many plants grown as crops or found in the Lincolnshire countryside have these traditional uses.
Course objectives:	<ol style="list-style-type: none"> <li>1. List at least six plants that are traditionally found in Lincolnshire</li> <li>2. State what each of these plants have been used for in the past</li> <li>3. Describe the processes of woad production</li> <li>4. Design a tussie mussie and explain its meaning.</li> <li>5. State at least four ailments and the herbs that have been used to treat these complaints.</li> </ol>
Course content:	Once upon a time a Lincolnshire home “ran on plants” ranging from home remedies for illness, food for the table, clothing and even the house itself! This course will look at some of the wild plants that have been found in the Lincolnshire countryside and examine their uses, both within the home and for wider economic use.
Teaching and learning methods:	Tutor input, sharing of plants and plant knowledge, and group discussion.
Course level/entry requirements:	The only requirement is an interest plants and/or Lincolnshire flora and heritage.
How progress is checked during course:	On-going verbal feedback, peer review, weekly learning log to track progress.

Extra study or practice required at home?	This is not a requirement but bringing any ideas or research that you have undertaken between sessions will always be welcome!
Formal course accreditation? If yes, how is the course assessed?	No. However, each learner will receive a course attendance certificate.
Materials you will need to bring to the course:	Pen and paper.
What can I do next?	Further gardening courses at CLIP; an accredited horticulture course at your local college; voluntary work in community gardening in your local community.

Information, Advice and Guidance sessions are available on request (it is best to make an appointment).

If you feel you may need some support eg. with English, Maths or ICT, please ask.

To get in touch, please call your local CLIP Learning Centre (see below) or email [info@cliplearning.com](mailto:info@cliplearning.com)

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