



**Adult Learning**

**Mablethorpe**

**Spring 2016**



# Welcome to CLIP's Spring Programme



Is 2016 the year to learn a new skill or improve an existing one? Whether it's DIY or Photography for fun, or Hospitality or Adult Social Care for employment, we have a wide range of courses to whet your appetite. Alternatively, grasp the nettle and improve your maths or English - it's never too late to learn!

At the end of 2015, we celebrated our 20th Anniversary of community-based learning in Lincolnshire. We marked this milestone with presentations of awards to learners - what could be more inspirational than learners of all ages and abilities turning out in the cold winter weather to receive their certificates? Proof as well, that anyone can achieve more, given the effort.

So welcome to CLIP - join in, take part, get on! We are LOCAL learning!



## **CLIP at Mablethorpe Learning Centre**

Seacroft Road, Mablethorpe, LN12 2DT

01507 473325 or [info@cliplearning.com](mailto:info@cliplearning.com)

[www.cliplearning.com](http://www.cliplearning.com) [www.facebook.com/cliplearning](http://www.facebook.com/cliplearning)

# Advice

To make sure you are choosing the right course for your needs and interests, there are several ways of finding out more. You can:

## Website

Check the website as most courses have fuller course descriptions posted: [www.cliplearning.com](http://www.cliplearning.com)

## Phone

Phone or pop into the reception at Mablethorpe Learning Centre to speak to someone:  
01507 473325.

## E-mail

Email [info@clipleraning.com](mailto:info@clipleraning.com) with any questions.

**Some courses** require an induction, initial assessment or interview - this is particularly the case with English, Maths, Access and other qualification-based courses. We shall advise you if this is the case and offer an appointment.

## Learning support

You may also wish to discuss your individual learning needs. It is best to do this before enrolment - please get in touch so that we can try to provide the support you need.



# How to enrol

When you have decided on the right course, you will be asked to complete an enrolment form and to pay the fee, if applicable (more information on fees on page 13).

At this stage, it would also be helpful to discuss any learning needs you may have.

# Support Fund

We have a small Support Fund if the costs of learning are a barrier. This can be used for course materials, transport or child care. Please request a Support Fund Application Form if you wish to apply.

# English Programmes



We offer GCSE English and other pre-GCSE courses at a range of levels from Entry to Level 2. Come and complete an initial assessment to find the right course for you.

Functional English – Level 1 (OCR)	
Functional English is a full certificate programme which will help you to develop your reading skills by comparing various texts. You will also write a range of texts, including extended written documents. The course helps with progression to Level 2 and GCSE.	
<b>Day:</b> Friday	<b>Time:</b> 0930-1130
<b>Start date:</b> 22.01.16	<b>Duration:</b> 16 weeks
<b>Fees:</b> Free for anyone without GCSE Grade A*-C in English Language	

Functional English – Level 2 (OCR)	
Functional English is a full certificate programme which helps you to develop your reading, writing and speaking and listening and apply these skills to everyday and business situations. Helps progression to GCSE.	
<b>Day:</b> Friday	<b>Time:</b> 1230-1430
<b>Start date:</b> 22.01.16	<b>Duration:</b> 16 weeks
<b>Fees:</b> Free for anyone without GCSE Grade A*-C in English Language	

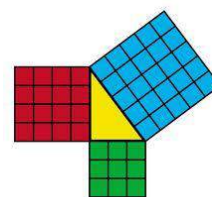


*"Thoroughly enjoyed the day, excellent tutor" .... "Very informative and thought provoking" ..."This course has helped me gain more knowledge and gain more confidence"*

(Learners, Mablethorpe)

# Maths Programmes

We offer GCSE Mathematics and other pre-GCSE courses at a range of levels from Entry to Level 2. Come and complete an initial assessment to find the right course for you.



## Maths – Functional Skills Level 1/2 (OCR)

Functional Maths helps you to develop a wide range of maths skills including number, decimals, fractions, measurement, area, volume and data collection/statistics. The course emphasises the application of maths to everyday and work situations. Helps progression to GCSE.

**Day:** Wednesday

**Time:** 1300-1500

**Start date:** 20.01.16

**Duration:** 16 weeks

**Fees:** Free for anyone without GCSE Grade A\*-C in Mathematics

### Levels:

Maths and English courses can be available at 6 levels: Entry 1 → Entry 2 → Entry 3 → Level 1 → Level 2 → GCSE Grade A\*-C. Normally you should follow a course that is one level above your initial assessment (ask for more information).

# Vocational Programmes

These courses lead to recognised qualifications and are designed mainly for people wishing to progress to further learning, work or self-employment. They are also useful for people hoping to progress to Access to HE.



## Sector Based Work Academy – Get into Hospitality and Customer Service

Put yourself at an advantage when applying for jobs locally in hospitality or customer service roles. The programme includes a workplace visit and a food safety certificate. *Tutors: James Parsons and Barbara Hancock*

**Day:** Monday, Thursday and Friday

**Time:** 0930-1500

**Start date:** 01.02.16

**Duration:** 3 weeks

**Fees:** £80, £18 (benefits) or free with JCP referral

*"Mablethorpe Learning Centre promotes communication between staff and learners. Verbal explanations from the tutor were very clear, empathetic and encouraged mutual respect and class involvement"*

(Learner, Mental Health Awareness)

## Looking for a job?

Join our **Job Club** on Thursdays 1000-1200 and get help with:

- ✓ CVs and applications
- ✓ Online job search
- ✓ Identifying your skills and strengths
- ✓ Getting online and setting up email



Book at Reception or call **01507 473325**

## Community Learning

These **non-accredited** courses and workshops are designed for interest, personal development and community involvement. People who have not been in learning for a while are particularly welcome.



### Art for Relaxation

"Art washes away from the soul the dust of everyday life" (Pablo Picasso). If you're feeling stressed or unhappy, why not come along to these sessions and explore painting and craft activities designed to promote relaxation and focus on the positive and good. No prior skills required! *Tutor: Alan Lowes*

**Day:** Friday

**Time:** 1230-1430

**Start date:** 29.01.16

**Duration:** 6 weeks

**Fees:** £15 or £10 (65+) or £2 (benefits)

### Community Gardening in Spring

Improve your skills and contribute to your local area! This course will look at tasks and planting that can be started in March. It will involve both theoretical and practical horticulture with the aim of making an improvement to a local community setting. *Tutor: Loretta Rivett*

**Day:** Thursday

**Time:** 0930-1230

**Start date:** 03.03.16

**Duration:** 4 weeks

**Fees:** £15 or £10 (65+) or £2 (benefits)

### Computing for the Terrified

Scared of computers? Think they might explode if you turn them on? This course gets you over the barrier of turning the computer on and teaches basic mouse and keyboard techniques, basic file management, email usage and basic internet shopping. An ideal course for those that have never used a computer before. *Tutor: Martin Woods*

**Day:** Wednesday

**Time:** 1230-1500

**Start date:** 20.01.16

**Duration:** 4 weeks

**Fees:** £15 or £10 (65+) or £2 (benefits)

### Craft from Natural and Recycled Materials

Develop your craft skills, meet other people and save the planet – all at the same time! This short course will include a variety of craft projects using natural materials collected locally, as well as pre-loved items that can be given a new lease of life. *Tutor: Barbara Hancock*

**Day:** Friday

**Time:** 0930-1200

**Start date:** 22.01.16

**Duration:** 4 weeks

**Fees:** £30 or £20 (65+) or £10 (benefits)

### Emergency First Aid at Work (Qualsafe Level 2)

Everyone should do this course! It includes a wide range of tasks relating to managing an emergency – examination of the casualty, unconsciousness, control of bleeding and burns/scalds. *Tutor: Peter Jones*

**Day:** Monday

**Time:** 0900-1600

**Start date:** 14.03.16

**Duration:** One day

**Fees:** £30 or £20 (65+) or £10 (benefits)

### Employability for Hospitality

This course will accompany the Hospitality Skills course but can be undertaken separately. You will be supported in developing/updating your CV so that it is targeted towards hospitality and related jobs, writing a relevant cover letter, applying for jobs online and practising your interview skills. *Tutor: James Parsons/Nicola Gadd*

**Day:** Friday/Thursday

**Time:** 1230-1500

**Start date:** 12.02.16

**Duration:** 3 Sessions

**Fees:** £15 or £10 (65+) or £2 (benefits)

### Food Safety (CIEH Level 2)

This essential course covers the causes of food poisoning, contamination, high risk foods and much more to help you to adopt safe working practices in the handling of food in work or community settings. *Tutor: Trevor Cutmore*

**Day:** Monday

**Time:** 0930-1600

**Start date:** 15.02.16

**Duration:** One day

**Fees:** £30 or £20 (65+) or £10 (benefits)

### Introduction to iPads and iPhones

Is your iPad gathering dust, sitting there unused, feeling lonely? Well, this course will get it working for you. This will look at internet shopping, internet safety, photos/films, social media, email & other usages for your iPad such as games. iPads are available for use during the session. *Tutor: Martin Woods*

**Day:** Wednesday

**Time:** 1000-1200

**Start date:** 03.02.16

**Duration:** 2 weeks

**Fees:** £15 or £10 (65+) or £2 (benefits)

*"The tutor was very welcoming and had an obvious interest in each separate student"*

(Learner, Mablethorpe)

### Introduction to Office Administration

This course is suitable for those wanting to start a career in Office Administration. Understand key tasks and the functions of a busy office and learn practical skills such as filing, photocopying, business letters and creating a "To Do" list. *Tutor: Nicola Gadd*

**Day:** Monday

**Time:** 1230-1500

**Start date:** 01.02.16

**Duration:** 6 weeks

**Fees:** free for unwaged learners looking to get into employment (supported by Enable)

### Introduction to Psychology

This short course will provide an introduction to the various perspectives in psychology – behaviourist, psychoanalytic, cognitive, biological and humanistic. We shall apply each approach to mental well-being. It is suitable for a beginner or those with a little knowledge of the subject, especially if you are thinking of taking the subject further in the future. *Tutor: Janet Farr*

**Day:** Thursday

**Time:** 1300-1500

**Start date:** 21.01.16

**Duration:** 3 weeks

**Fees:** £15 or £10 (65+) or £2 (benefits)

### Life Skills – Healthy Lifestyles

Would you like to become more independent? Come along to Mablethorpe Learning Centre and pick up some tips on keeping yourself safe, eating well, getting more involved in physical activity and improving your mental well-being. The course will fun, interesting and supportive. *Tutor: Barbara Hancock*

**Day:** Friday

**Time:** 1300-1500

**Start date:** 22.01.16

**Duration:** 4 weeks

**Fees:** £15 or £10 (65+) or £2 (benefits)

### Lincolnshire Plants and their Historical Uses

Plants are lovely to look at and you probably know that some are edible and some have medicinal uses. But did you also know they can be used for making clothes, paper, ink, furniture, rope, and for dyeing fabric? Many plants grown as crops or found in the Lincolnshire countryside have these traditional uses. *Tutor: Loretta Rivett*

**Day:** Thursday

**Time:** 1300-1500

**Start date:** 03.03.16

**Duration:** 4 weeks

**Fees:** £15 or £10 (65+) or £2 (benefits)

### Moving Forward with Computers

OK, you have had some experience of computers; this course helps you move forward to using computers for modern life. This course looks at email, internet, shopping safely, films, photos, social media, designing posters, creating letters and simple household spreadsheets; therefore, making you feel more comfortable in your computer usage. *Tutor: Martin Woods*

**Day:** Wednesday

**Time:** 1230-1530

**Start date:** 02.03.16

**Duration:** 3 weeks

**Fees:** £15 or £10 (65+) or £2 (benefits)

*"Learning with Clip was an enlightening supportive experience from start to finish. A great way to gain knowledge for pleasure and career development."*

(Learner, Market Rasen)



## Painting in Acrylics

You will explore the use of acrylic techniques, including how to use them in various ways (washes, palette knife and brush). You will learn about using acrylics in conjunction with other materials such as pencil, incorporating collage and working into the surface to create textures. *Tutor: Alan Lowes*

**Day:** Monday

**Time:** 1800-2000

**Start date:** 25.01.16

**Duration:** 6 weeks

**Fees:** £30 or £20 (65+) or £10 (benefits)

## Understanding Dementia

The statistics on dementia are powerful: currently in the UK, there are approx. 850,000 people with the disease and 2/3 of sufferers are women. Many families are now affected by a member having the condition and it's not always well-understood. This one-day course will explain what dementia actually is, the different types and possible treatments or support available – both now and hopefully in the future. *Tutor: Ray Mason*

**Day:** Friday

**Time:** 1000-1430

**Start date:** 05.02.16

**Duration:** One day

**Fees:** £15 or £10 (65+) or £2 (benefits)





## Support and learning for people who have faced mental health problems

*Learning Minds offers courses to support recovery. These include understanding your condition, exploring coping strategies and developing skills for the future - whether for leisure, training or work. Peer mentors are also involved to provide additional support where required.*

*Become a member of Learning Minds and shape future courses and activities! Also, some courses every term are free to Learning Minds members.*

### Healthy Minds Group

**Healthy Minds** is a social support group that meets at the Learning Centre on Thursday mornings - new members are always welcome.





## Mablethorpe

Flare and Bridge 2-2 are flexible study programmes for young people aged 16-18 to help you to progress to college, apprenticeships or employment.

You can gain qualifications from entry level to level 2. Flare is designed for those working towards level 1 qualifications that need extra help to build confidence and skills. Bridge 2-2 is for those students who are working towards level 2 qualifications and are focused upon gaining the skills needed for the working world.



Flare and Bridge 2-2 provide a practical study programme built around your needs. You can study a range of varied vocational subjects alongside English and maths.

- English
- Maths
- Job search & interview skills
- Business
- Childcare
- Tourism
- Sports
- Much more!



### How can I join?

You can be referred by your parents, school, careers advisor, support workers or just drop in and see us at Mablethorpe Learning Centre. Ask to see Chris, Mick or Jayne or alternatively call 01507 473325.

### Varied subjects to study!

### What's in it for me?

- Gain help and direction
- Gain qualifications
- Gain new skills and confidence
- Gain work experience
- Bursary, travel expenses, meals and bonuses!



## Our Learning Centres

CLIP Learning Centres are spread across West and East Lindsey offering local learning to rural, coastal and smaller communities. However if a course you want is only offered in another centre, you are welcome to attend!

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### CLIP Market Rasen

8 Queen Street  
Market Rasen  
LN8 3EH  
01673 843489

*Reception in Café CLIP (free parking in John Street Car Park)*

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### CLIP Mablethorpe

Seacroft Road  
Mablethorpe  
LN12 2DT  
01507 473325

*Opposite the Coop (free parking at the centre)*

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### CLIP Gainsborough

Foundry Learning Centre  
60 Bridge Street  
Gainsborough  
DN21 1LS  
01427 677377

*Opposite the ACIS building (parking outside and in Tooley St)*

Enquiries for all centres also via [info@cliplearning.com](mailto:info@cliplearning.com)

## Fees

All courses are subsidised but concessions are available in certain cases.

### English and Maths

- Free to anyone who hasn't achieved GCSE Grade A\*-C in the subject. This applies to all English and Maths courses including GCSE.

### Vocational Courses (Accredited)

- Concessionary fee if you work less than 16 hours per week AND you receive a state benefit (excluding state retirement pension) AND you sign to say that you are doing the course to develop skills for future employment
- Free if referred to the course by Jobcentre Plus and on JSA or ESA (WRAG).

### Community Learning (Non-Accredited)

- There is a reduced fee for people aged 65 years+
- There is a further reduced fee for anyone on a state benefit (excluding state retirement benefit).

### Learning Minds Courses

- Designated Learning Minds courses are free for people who have had or are currently experiencing mental health problems.

### Additional notes

- Occasionally, we run courses which have no subsidy. In these cases, they are only available by paying the full fee
- All the courses in this brochure are funded for learners aged 19 years and over on 31 August 2015 (except the Flare course).
- There is a small Learning Support Fund for people who find it difficult to pay for the costs of learning e.g. travel, materials.

## COURSE MATRIX FOR COURSES LEADING TO QUALIFICATIONS

	Mablethorpe	Market Rasen	Gainsborough
English Level 1	●		
English Level 2	●	●	●
Maths Level 1	●	●	
Maths Level 2	●	●	●
Other Maths and English levels according to need	●	●	●
Adult Social Care Level 2			●
Counselling Skills Level 2		●	
Award in Education and Training (Adult Learning) L3		●	
Hospitality and Customer Service Level 1	●		●
Understanding Autism Level 2		●	
GCSE English – September 2016 – enquire now!	●	●	●
GCSE Maths – September 2016 – enquire now!	●	●	●
Access to HE Diploma – September 2016 – enquire now!	●	●	●

## COURSE MATRIX FOR JOB CLUB AND COMMUNITY LEARNING

	Mablethorpe	Market Rasen	Gainsborough
Job Club	●	●	●
Healthy Minds Group	●	●	
Animal Forms – Basic Ceramics		●	
Art for Relaxation	●		
Beginners' DIY			●
Community Gardening in the Spring	●	●	●
Computing for Beginners			●
Computing for the Terrified	●	●	
Craft from Natural and Recycled Materials	●		
Creative Sketchbook - Painting		●	
Creative Writing		●	
Digital Photography (Beginners)		●	●

Digital Photography (Improvers)		●	
Dressmaking from Commercial Patterns			●
Emergency First Aid at Work L2	●	●	●
Employability for Hospitality	●		●
Food Safety L2	●	●	●
ICT for Improvers			●
iPads and iPhones - Intro	●		
Introduction to Office Administration	●		●
Introduction to Psychology	●		●
Introduction to Nursing and Social Care		●	
Life Skills – Healthy Lifestyles	●		
Lincolnshire Plants and their Historical Uses	●		
Moving Forward with Computers	●	●	
Paediatric First Aid		●	
Painting in Acrylics	●		
Pilates – Beginners and Improvers		●	
Recycled Fashion			●
Start Collage and Mixed Media		●	
Understanding Autism			●
Understanding Dementia	●	●	
Understanding Diabetes			●

### COURSE MATRIX FOR FLARE (16-18 YEARS)

	Mablethorpe	Market Rasen	Gainsborough
Flare	●	●	●
Bridge-2-2	●	●	●

*Can't find the course you want? Let us know and we'll make a waiting list.*



## Community Learning in Partnership (CLIP)

CLIP offers accredited and non-accredited courses for local people in Gainsborough, Market Rasen and Mablethorpe and sometimes further afield. Our aim is to widen participation in learning by people in rural, coastal and other local communities. We offer programmes for 16-18s (Flare) and adult learners of all ages. We also run the Learning Minds project for people who have experienced mental health problems. CLIP was inspected by Ofsted in February 2014, receiving Grade 2 (Good) and has Matrix accreditation for advice and guidance.

[www.cliplearning.com](http://www.cliplearning.com)

### Find us

Come to the Reception at Mablethorpe Learning Centre where you can discuss and apply for courses. Free parking is available at the Centre.

**01507 473325**



### Term and holiday dates 2015-2016

February Half-Term	15 - 19 February 2016
Finish for Easter Break	25 March 2016
Summer Term	11 April 2016
May Half-Term	23 - 27 May 2016

