



Adult Learning

Market Rasen

Spring 2016



Welcome to CLIP's Spring Programme



Is 2016 the year to learn a new skill or improve an existing one? Whether it's DIY or Photography for fun, or Hospitality or Adult Social Care for employment, we have a wide range of courses to whet your appetite. Alternatively, grasp the nettle and improve your maths or English - it's never too late to learn!

At the end of 2015, we celebrated our 20th Anniversary of community-based learning in Lincolnshire. We marked this milestone with presentations of awards to learners - what could be more inspirational than learners of all ages and abilities turning out in the cold winter weather to receive their certificates? Proof as well, that anyone can achieve more, given the effort.

So welcome to CLIP - join in, take part, get on! We are LOCAL learning!



CLIP at Market Rasen Learning Centre

8 Queen Street, Market Rasen, LN8 3EH

01673 843489 or info@cliplearning.com

www.cliplearning.com www.facebook.com/cliplearning

Advice

To make sure you are choosing the right course for your needs and interests, there are several ways of finding out more. You can:

Website

Check the website as most courses have fuller course descriptions posted: www.cliplearning.com

Phone

Phone or pop into the reception at Café CLIP to speak to someone: 01673 843489.

E-mail

Email info@cliplearning.com with any questions.

Some courses require an induction, initial assessment or interview - this is particularly the case with English, Maths, Access and other qualification-based courses. We shall advise you if this is the case and offer an appointment.

Learning support

You may also wish to discuss your individual learning needs. It is best to do this before enrolment - please get in touch so that we can try to provide the support you need.



How to enrol

When you have decided on the right course, you will be asked to complete an enrolment form and to pay the fee, if applicable (more information on fees on page 13).

At this stage, it would also be helpful to discuss any learning needs you may have.

Support Fund

We have a small Support Fund if the costs of learning are a barrier. This can be used for course materials, transport or child care. Please request a Support Fund Application Form if you wish to apply.

Maths Level 2 – Functional Skills (OCR)

Functional Maths helps you to develop a wide range of maths skills including number, decimals, fractions, measurement, area, volume and data collection/statistics. The course emphasises the application of maths to everyday and work situations. Helps progression to GCSE.

Day: Friday

Time: 1300-1500

Start date: 22.01.16

Duration: 16 weeks

Fees: Free for anyone without GCSE Grade A*-C in Mathematics

Levels: Maths and English courses can be available at 6 levels: Entry 1 → Entry 2 → Entry 3 → Level 1 → Level 2 → GCSE Grade A*-C. Normally you should follow a course that is one level above your initial assessment (ask for more information).

"Learning with Clip was an enlightening supportive experience from start to finish. A great way to gain knowledge for pleasure and career development."

(Learner, Market Rasen)



"Mablethorpe Learning Centre promotes communication between staff and learners. Verbal explanations from the tutor were very clear, empathetic and encouraged mutual respect and class involvement"

(Learner, Mental Health Awareness)

Vocational Programmes

These courses lead to recognised qualifications and are designed mainly for people wishing to progress to further learning, work or employment. Level 2 courses are also useful for people hoping to progress to Access to HE

Autism – Level 2

This qualification aims to develop learners' understanding of autism and the principles of supporting individuals with autism – covering the person-centred approach and influence of positive communication methods, how to support positive behaviour and how individuals with autism can be supported to live healthy and fulfilled lives. It will also support progression to employment in a variety of sectors where an understanding of autism is required.
Tutor: Ray Mason

Day: Tuesday

Time: 1230-1500

Start date: 26.01.16

Duration: 14 weeks

Fees: £120 or £50 (benefits) or free (JSA/ESA)

Counselling Skills - Level 2 Certificate (NCFE)

The course aims to explore and develop core counselling skills; introduce the three main counselling theories; and encourage reflective practice and personal development. *Tutor: Jenny Oyston*

Day: Thursday

Time: 1300-1600

Start date: 21.01.16

Duration: 20 weeks

Fees: £120 or £50 (benefits) or free (JSA/ESA)

Education and Training - Level 3 Award (NCFE)

The course is designed for people new to teaching or who are considering teaching in the Post-16 and Adult Learning Sector. It is the first stage in becoming qualified as a teacher and includes planning the curriculum; teaching and learning methods; and an introduction to assessment. *Tutor: Sophia Hunt*

Day: Monday

Time: 1400-2030

Start date: 18.01.16

Duration: 5 weeks

Fees: £300 (no concessions)

Looking for a job?

Join our **Job Club** on Tuesdays 1000-1200 and get help with:

- ✓ CVs and applications
- ✓ Online job search
- ✓ Identifying your skills and strengths
- ✓ Getting online and setting up email



Book at Reception or call **01673 843489**

Community Learning



These **non-accredited** courses and workshops are designed for interest, personal development and community involvement. People who have not been in learning for a while are particularly welcome.

Animal Forms in Ceramic – Exploring Clay for Beginners

Explore your creative ideas whilst learning the exciting possibilities of working with clay. You will learn a variety of techniques such as slab, coil, hand building and how to use a variety of tools to bring your animals to life!

Tutor: Alan Lowes

Day: Monday

Time: 1230-1500

Start date: 25.01.16

Duration: 5 weeks

Fees: £30 or £20 (65+) or £10 (benefits)

Community Gardening in Spring

Improve your skills and contribute to your local area! This course will look at tasks and planting that can be started in March. It will involve both theoretical and practical horticulture with the aim of making an improvement to a local community setting. *Tutor: Loretta Rivett*

Day: Friday

Time: 0930-1230

Start date: 26.02.16

Duration: 4 weeks

Fees: £15 or £10 (65+) or £2 (benefits)

Computing for the Terrified

This course gets you over the barrier of turning the computer on and teaches basic mouse and keyboard techniques, basic file management, email usage and basic internet shopping. An ideal course for those that have never used a computer before. *Tutor: Martin Woods*

Day: Friday

Time: 1230-1500

Start date: 23.01.16

Duration: 4 weeks

Fees: £15 or £10 (65+) or £2 (benefits)

Creative Sketchbook with Painting

Working in and from your sketchbook, explore and develop painting and mixed media techniques. Create an exciting sketchbook to help your with your drawing, painting or collage work or let the sketchbook be an artwork in itself. *Tutor: Alan Lowes*

Day: Thursday

Time: 0930-1230

Start date: 21.01.16

Duration: 5 weeks

Fees: £30 or £20 (65+) or £10 (benefits)

Creative Writing

This short creative writing course will provide the opportunity to explore and practise the short story and flash fiction. We shall also look at children's authors and poetic practitioners using different writing styles. *Tutor: Claire Leyman*

Day: Monday

Time: 1230-1500

Start date: 18.01.16

Duration: 4 weeks

Fees: £15 or £10 (65+) or £2 (benefits)

Digital Photography for Beginners

Have you received a digital camera for Christmas? Or have you had one that you use on 'auto' without knowing how to make full use of the controls? This course will provide an introduction to photographic practice and technique along with grounding in the fundamentals of digital image retrieval and manipulation. Please note that learners need to bring their own DSLR or 'bridge' camera. *Tutor: Chris Vaughan*

Day: Thursday

Time: 1830-2100

Start date: 14.01.16

Duration: 4 weeks

Fees: £15 or £10 (65+) or £2 (benefits)

Digital Photography for Improvers

This course is a follow-on for those who have undertaken the beginners' course, or would be suitable for those with some existing knowledge. It will enable learners to gain and extend both technical and creative skills in photography and to develop a small portfolio of work using new skills. Please note that learners need to bring their own DSLR or 'bridge' camera. *Tutor: Chris Vaughan*

Day: Thursday

Time: 1830-2100

Start date: 25.02.16

Duration: 4 weeks

Fees: £15 or £10 (65+) or £2 (benefits)

Food Safety (CIEH Level 2)

This essential course covers the causes of food poisoning, contamination, high risk foods and much more to help you to adopt safe working practices in the handling of food in work or community settings. *Tutor: Trevor Cutmore*

Day: Monday

Time: 0930-1600

Start date: 29.02.16

Duration: One day

Fees: £30 or £20 (65+) or £10 (benefits)

Introduction to Nursing and Social Care

This course provides an introduction to employment in nursing and adult social care. Designed for unemployed students seeking future employment, it provides a basic grounding in the values of care, skills and attitudes required, communication skills and the wide variety of job roles. It will enable you to set your own goals for a career in this sector, helping you to identify the experience and training you require to take the next few steps. *Tutor: Katie Easey.*

Day: Monday

Time: 1230-1500

Start date: 22.02.16

Duration: 6 weeks

Fees: Free for unwaged learners looking to gain employment (supported by Enable)

Moving Forward with Computing

This course is suitable for learners who have basic knowledge and experience in using a computer and further develops both their ability and confidence in office applications and online skills. *Tutor: Martin Woods*

Day: Friday

Time: 1230-1500

Start date: 26.02.16

Duration: 4 weeks

Fees: £15 or £10 (65+) or £2 (benefits)

"The tutor was very welcoming and had an obvious interest in each separate student"

(Learner, Mablethorpe)

Paediatric First Aid

This is a First Aid Awareness course for parents, grandparents or carers who would like to be better equipped to deal with emergencies with children or for people who are exploring child-care or education as a career and would like a basic introduction to the subject. *Tutor: Peter Jones*

Day: Monday

Time: 0900-1600

Start date: 22.02.16

Duration: 1 day

Fees: £30 or £20 (65+) or £10 (benefits)

Painting Modern Life: Painting from Photography

Explore the important relationship between painting and photography. Use a variety of approaches and gain a better understanding of how to unlock your creativity when working from photographic imagery. *Tutor: Alan Lowes*

Day: Thursday

Time: 0930-1230

Start date: 25.02.16

Duration: 5 weeks

Fees: £30 or £20 (65+) or £10 (benefits)

Pilates – Beginners and Improvers

The aim of these courses is to improve core stability and overall strength. Each class involves exercises in four basic areas of movement: flexion, extension, lateral flexion (side bending) and twisting, with possible benefits including reduced pain, stress and an overall feeling of wellness. *Tutor: Pat Macrae*

Day: Friday

Time: Beginners 0930-1045; Improvers 1100-1215

Start date: 22.01.16

Duration: 10 weeks

Fees: £30 or £20 (65+) or £10 (benefits)

Start Collage and Mixed Media

This is a one day course for beginners to start to explore a variety of collage techniques. You will use images, drawing, painting and paper to create beautiful images. *Tutor: Alan Lowes*

Day: Monday

Time: 0930-1600

Start date: 18.01.16

Duration: One day

Fees: £15 or £10 (65+) or £2 (benefits)

Understanding Dementia

The statistics on dementia are powerful: currently in the UK, there are approx. 850,000 people with the disease and 2/3 of sufferers are women. Many families are now affected by a member having the condition and it's not always well-understood. This one-day course will explain what dementia actually is, the different types and possible treatments or support available – both now and hopefully in the future. *Tutor: Ray Mason*

Day: Tuesday

Time: 1000-1430

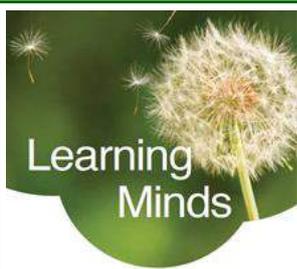
Start date: 19.01.16

Duration: One day

Fees: £15 or £10 (65+) or £2 (benefits)

"Lovely course, well-structured and informative" ... "Great course, I would recommend it"

(Learners, Gainsborough)



Support and learning for people who have faced mental health problems

Learning Minds offers courses to support recovery. These include understanding your condition, exploring coping strategies and developing skills for the future - whether for leisure, training or work. Peer mentors are also involved to provide additional support where required.

Become a member of Learning Minds and shape future courses and activities! Also, some courses every term are free to Learning Minds members.

Healthy Minds Group

Healthy Minds is a social support group that meets at 4 Mill Street on Wednesday mornings - new members are always welcome.





Market Rasen or Louth

Flare and Bridge 2-2 are flexible study programmes for young people aged 16-18 to help you to progress to college, apprenticeships or employment.

You can gain qualifications from entry level to level 2. Flare is designed for those working towards level 1 qualifications that need extra help to build confidence and skills. Bridge 2-2 is for those students who are working towards level 2 qualifications and are focused upon gaining the skills needed for the working world.



Flare and Bridge 2-2 provide a practical study programme built around your needs. You can study a range of varied vocational subjects alongside English and maths.

- English
- Maths
- Job search & interview skills
- Business
- Childcare
- Tourism
- Sports
- Much more!



How can I join?

You can be referred by your parents, school, careers advisor, support workers or just drop in and see us at Mablethorpe Learning Centre. Ask to see Liz or Jayne, or alternatively call 01673 843489.

Varied subjects to study!

What's in it for me?

- Gain help and direction
- Gain qualifications
- Gain new skills and confidence
- Gain work experience
- Bursary, travel expenses, meals and bonuses!



Our Learning Centres

CLIP Learning Centres are spread across West and East Lindsey offering local learning to rural, coastal and smaller communities. However if a course you want is only offered in another centre, you are welcome to attend!

CLIP Market Rasen

8 Queen Street
Market Rasen
LN8 3EH
01673 843489

Reception in Café CLIP (free parking in John Street Car Park)

CLIP Mablethorpe

Seacroft Road
Mablethorpe
LN12 2DT
01507 473325

Opposite the Coop (free parking at the centre)

CLIP Gainsborough

Foundry Learning Centre
60 Bridge Street
Gainsborough
DN21 1LS
01427 677377

Opposite the ACIS building (parking outside and in Tooley St)

Enquiries for all centres also via info@cliplearning.com

Fees

All courses are subsidised but concessions are available in certain cases.

English and Maths

- Free to anyone who hasn't achieved GCSE Grade A*-C in the subject. This applies to all English and Maths courses including GCSE.

Vocational Courses (Accredited)

- Concessionary fee if you work less than 16 hours per week AND you receive a state benefit (excluding state retirement pension) AND you sign to say that you are doing the course to develop skills for future employment
- Free if referred to the course by Jobcentre Plus and on JSA or ESA (WRAG).

Community Learning (Non-Accredited)

- There is a reduced fee for people aged 65 years+
- There is a further reduced fee for anyone on a state benefit (excluding state retirement benefit).

Learning Minds Courses

- Designated Learning Minds courses are free for people who have had or are currently experiencing mental health problems.

Additional notes

- Occasionally, we run courses which have no subsidy. In these cases, they are only available by paying the full fee
- All the courses in this brochure are funded for learners aged 19 years and over on 31 August 2015 (except the Flare course).
- There is a small Learning Support Fund for people who find it difficult to pay for the costs of learning e.g. travel, materials.

COURSE MATRIX FOR COURSES LEADING TO QUALIFICATIONS

	Mablethorpe	Market Rasen	Gainsborough
English Level 1	●		
English Level 2	●	●	●
Maths Level 1	●	●	
Maths Level 2	●	●	●
Other Maths and English levels according to need	●	●	●
Adult Social Care Level 2			●
Counselling Skills Level 2		●	
Award in Education and Training (Adult Learning) L3		●	
Hospitality and Customer Service Level 1	●		●
Understanding Autism Level 2		●	
GCSE English – September 2016 – enquire now!	●	●	●
GCSE Maths – September 2016 – enquire now!	●	●	●
Access to HE Diploma – September 2016 – enquire now!	●	●	●

COURSE MATRIX FOR JOB CLUB AND COMMUNITY LEARNING

	Mablethorpe	Market Rasen	Gainsborough
Job Club	●	●	●
Healthy Minds Group	●	●	
Animal Forms – Basic Ceramics		●	
Art for Relaxation	●		
Beginners' DIY			●
Community Gardening in the Spring	●	●	●
Computing for Beginners			●
Computing for the Terrified	●	●	
Craft from Natural and Recycled Materials	●		
Creative Sketchbook - Painting		●	
Creative Writing		●	
Digital Photography (Beginners)		●	●

Digital Photography (Improvers)		●	
Dressmaking from Commercial Patterns			●
Emergency First Aid at Work L2	●	●	●
Employability for Hospitality	●		●
Food Safety L2	●	●	●
ICT for Improvers			●
iPads and iPhones - Intro	●		
Introduction to Office Administration	●		●
Introduction to Psychology	●		●
Introduction to Nursing and Social Care		●	
Life Skills – Healthy Lifestyles	●		
Lincolnshire Plants and their Historical Uses	●		
Moving Forward with Computers	●	●	
Paediatric First Aid		●	
Painting in Acrylics	●		
Pilates – Beginners and Improvers		●	
Recycled Fashion			●
Start Collage and Mixed Media		●	
Understanding Autism			●
Understanding Dementia	●	●	
Understanding Diabetes			●

COURSE MATRIX FOR FLARE (16-18 YEARS)

	Mablethorpe	Market Rasen	Gainsborough
Flare	●	●	●
Bridge-2-2	●	●	●

Can't find the course you want? Let us know and we'll make a waiting list.



Community Learning in Partnership (CLIP)

CLIP offers accredited and non-accredited courses for local people in Gainsborough, Market Rasen and Mablethorpe and sometimes further afield. Our aim is to widen participation in learning by people in rural, coastal and other local communities. We offer programmes for 16-18s (Flare) and adult learners of all ages. We also run the Learning Minds project for people who have experienced mental health problems. CLIP was inspected by Ofsted in February 2014, receiving Grade 2 (Good) and has Matrix accreditation for advice and guidance.

www.cliplearning.com

Find us

Our Reception is now located in Café CLIP at 8 Queen Street, Market Rasen, LN8 3EH where you can discuss and apply for courses (while enjoying a cappuccino if you wish!). Free parking is available behind the Learning Centre in John Street Car Park. Courses take place either close to the café or at No 4, Mill Street, Market Rasen.

01673 843489



Term and holiday dates 2015-2016

February Half-Term	15 - 19 February 2016
Finish for Easter Break	25 March 2016
Summer Term	11 April 2016
May Half-Term	23 - 27 May 2016

